

ANNEXURE -1

TIME SCHEDULE (SUMMER)

Activity	TIME
WAKE UP CALL	05:30 AM
MORNING EXERCISE, YOGA ETC.	5:50 AM TO 6:30 AM
BATHING AND DRESSING UP FOR SCHOOL	6:30 AM TO 7:20 AM
BREAKFAST	7:30 AM TO 7:55 AM
REPORTING TIME	08:00 AM
SCHOOL HOURS	8:10 AM TO 2:00 PM
REMIDIAL CLASSES	2:00 PM TO 3:15 PM
REST TIME	3:15 PM TO 4:15 PM
EVENING SNACKS	4:15 PM TO 4:35PM
STUDY TIME	04:35 PM TO 5:35 PM
SPORTS TIME	5:35 PM TO 6:45 PM
EVENING BATH & FRESH UP	06:45 PM TO 7:15 PM
STUDY TIME	7:15 PM TO 8:30 PM
DINNER	8:30 PM TO 9:00 PM
STUDY SESSION	9:00 PM TO 09:45 PM
MILK TIME	09:45 PM
SELF STUDY SESSION	09:55 PM TO 10:30 PM
LIGHTS OFF	10:35 PM